

GARLIC: The Stinking Rose of Mirth

References

Banerjee, S & Maulik, S 2002 Nutrition Journal Effects of garlic on cardiovascular disorders: a review;

Bayan, L et al 2014 Garlic: a review of potential therapeutic effects. Avicenna Journal of Phytomedicine 4(1):1-14

Chan et al., 2013 A review of the cardiovascular benefits and antioxidant properties of allicin. Phytother Res. 27:637-646.

Fleischauer A & Arab L. Garlic and Cancer: A critical review of the epidemiologic literature. J. Nutr. 2001;131:1032S–1040S

Josling, R 2001 Preventing the common cold with garlic supplement: a double-blind placebo-controlled survey. Adv Ther 18(4):189-93

Schafer, G & Kaschula, C 2014: The immunomodulation and Anti-inflammatory effects of garlic organosulfure compounds in cancer chemoprevention. Anticancer agents Medicinal Chemistry 14(2):233-140.